

# Medical Smock Ornament Instructions

<jensoriginalsembroiderydesigns.yolasite.com>

*The Medical Smock ornament measures approximately 3.9" x 3.1" (99x 78mm) when finished and stitches in the 4x4" hoop (100x100mm) in under 10 minutes. Can be personalized for an MD, RN, EMT, DMD, DDS, or DVM.*

1. Hoop a double layer of tear-away stabilizer in the 4x4" hoop.



2. Lightly spray a 4x4" piece of felt in the color of your choice and adhere it to the tear-away stabilizer. If you prefer not to use spray adhesive, you can hoop a larger piece of felt along with the tear-away stabilizer directly in the hoop.



3. Place the hoop in the machine and stitch the first two colors on the felt, pausing after the position line for the heart motif has stitched.



4. Stop the machine and remove the hoop, but do not unhoop the design. Your stitch-out so far should look similar to the picture, depending on the color of felt you've chosen.



5. Lay a small piece of red or pink felt over the heart outline so that it covers the heart shape, and carefully return the hoop to the machine.



6. Sew the next color, which will tack down the heart motif. Remove the machine from the hoop, but do not unhoop. Carefully trim around the edge of the heart shape without cutting through the stitch line, then return the hoop to the machine.



7. Carefully stitch the remainder of the design up to but not including the final satin stitch outline. Pause the machine.



8. Remove the hoop from the machine, but do not unhoop the design. Turn the hoop face down. You can clearly see the stitching through the back of the stabilizer.



6. Lightly spray a second piece of felt and lay it on the back of the hoop so that it completely covers the stitching.

If you prefer, you can use masking tape instead of the adhesive spray to hold the felt in position on the back of the hoop, as I have done here.



7. Change the bobbin thread to an appropriate color for the final line of stitching. I am using green to match the color of the felt I'm using.

Once the bobbin has been changed, carefully replace the hoop in the machine and stitch the final color.



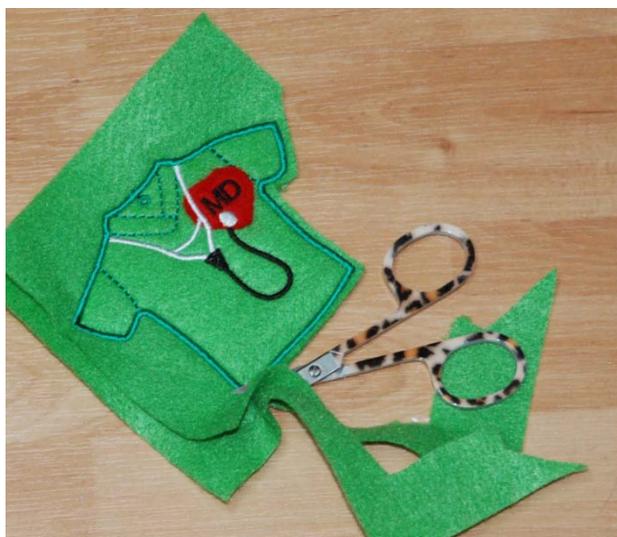
8. Remove the hoop from the machine and unhoop the stitched design.



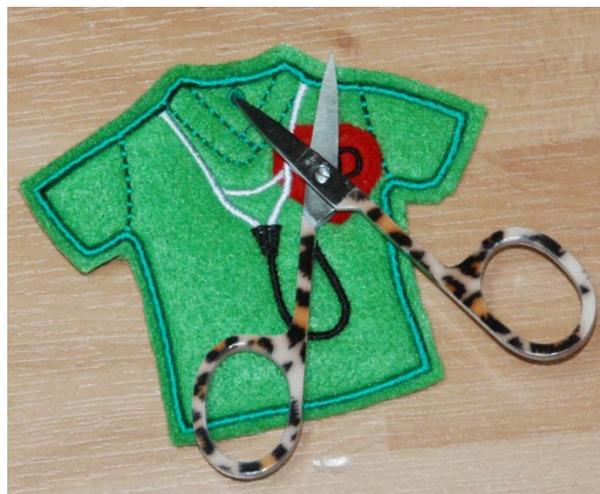
9. Carefully remove the tear-away stabilizer from around the stitched t-shirt ornament. It should tear out easily.



10. With sharp scissors, trim around the edges of the design, leaving a narrow border of felt around the satin stitching. You may find it easier to cut one layer at a time, trimming the front first and then the back.



9. Using just the point of a small scissors, poke a hole through the stitched eyelet to allow for a hook or a string.



11. The finished medical smock ornament, ready to hang on the tree.



### **How to change initials**

The ornament is available with several different professional initials: MD, RN, ND, EMT, DVM, DMD, and DDS. Simply create the initials you want in your software or machine and substitute those in place of the ones in the design. If you are using embroidery software, you can remove the existing initials and replace them in the queue with the initials you want to use. If you are making the substitution at the machine, simply sew out the design up to the point where the initials are stitched. Pause the machine and advance to the new initials. Sew those out, then back the machine up and finish the design as shown above.