

No More Cap Button Irritation

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My husband began wearing baseball caps after losing his hair during chemotherapy treatment. He now has quite a collection, but they all share the same problem:

the back of the rivet that holds the cap button in place protrudes on the inside of the cap. These metal protrusions are sometimes quite sharp, and can cause irritation and even injury to a tender scalp.



This past week I tried out a modification to pad the uncomfortable metal point. It worked really well, and now his caps are much more comfortable.



It takes only a few minutes to add this padding to each cap, and best of all, it barely shows on the outside.



As it happens, I have a lot of felt scraps on hand, so I used them to make the padding. I chose a matching color for the padding on each cap, and stitched it in place using invisible thread.

I began by placing two small rounds of felt over the metal rivet point.

You can use a dot of fabric glue to hold them, but I found that this isn't really necessary.



Next, I covered these two small rounds with a larger scrap of felt, using pins on the inside of the cap to hold it in place.

Because I will be sewing from the top of the hat, I flipped it right side out and re-pinned the felt scrap in place. Then I removed the pins from the inside of the cap.



With the felt securely pinned, I slipped the hat into position on my sewing machine and stitched carefully all the way around the button, using a short stitch length.

I'm stitching with invisible thread, and using a zipper foot so I can get as close as possible to the cap button. Take care with this step, as the button is metal and may damage the needle if you hit it.



Once the stitching is complete, remove the pins and trim around the felt, close to the stitching, leaving a neat round on the inside of the hat.



All done! The metal protrusion no longer irritates, and the modification hardly shows from the right side.

I've modified a dozen or so of his caps and the whole thing took only a few minutes.

